









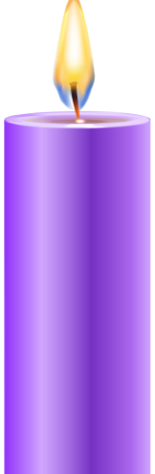








October is DOMESTIC VIOLENCE AWARENESS MONTH 2023



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p> <p>Domestic Violence</p> <p>is a pattern of abusive and coercive behaviors, including physical, sexual, and psychological attacks, as well as economic coercion, that adults and adolescents use against their intimate partners to gain control.</p>	<p>2</p> <p>Domestic violence awareness month evolved from the first day of unity observed in October 1981 by the NCAADV. The intent was to connect battered women's advocates across the nation who were working to end violence against women and their children. The day of unity is now celebrated on the first Monday in October.</p>	<p>3</p> <p>Domestic violence affects people of <u>all</u> genders, ages, races, religions, and socioeconomic backgrounds. It is a pattern of power and control by one partner over the other in an intimate relationship.</p>	<p>4</p> <p>National Domestic Violence Statistics</p> <p>*On average, nearly 20 people per minute are physically abused by an intimate partner in the US.</p> <p>*On a typical day, there are more than 20,000 phone calls placed to DV hotlines nationwide.</p> <p>*The presence of a gun in a DV situation increases the risk of homicide by 500%</p> <p>https://ncadv.org/STATISTICS</p>	<p>5</p> <p>Power & Control Wheel</p> <p>This tool was created by both victims and professionals to help people better understand what Power and Control looks like in an unhealthy relationship. For a variety of wheels, click HERE</p> 	<p>6</p> <p>Show your support for survivors as you travel by placing a DVAM ribbon magnet on your car. Stop in at OneEighty M – F from 8am – 5pm to pick one up.</p> 	<p>7</p> <p>Educate yourself and those around you on the importance of a thorough safety plan HERE Safety planning can help protect and keep you safe in a dangerous situation and prepare you to react quickly.</p>
<p>8</p> <p>Paint your ring fingernail purple, and take the #PutTheNailInIt vow to help spread awareness of domestic violence</p> <p>putthenailinit.com</p> 	<p>9</p> <p>Go to your local library and check out a Domestic Violence related book or resource guide. While you're there, find the OneEighty Domestic Violence Awareness Month display materials!</p> 	<p>10</p> <p>“Stand up for yourself and your rights as a human being. You are strong. You are beautiful. And there is more to life than walking on eggshells.”</p> <p>-Domestic Violence Survivor</p>	<p>11</p>  <p>Domestic Violence Awareness Month Press Conference and Reception 10a-11:30a</p> <p>Ohio Statehouse Atrium & Online</p> <p>Release of the 2023 DV Fatalities Report and presenting of the Croucher Family Awards for Outstanding Leadership</p> <p>REGISTER HERE</p>	<p>12</p> <p>LGBTQIA+ RESOURCES</p> <p>tnlr.org</p> <p>thehotline.org/resources/abuse-in-lgbtq-communities/</p> <p>lgbtcleveland.org</p> <p>thetrevorproject.org</p> <p>pflagcleveland.org</p> <p>glaad.org</p> 	<p>13</p>  <p>“Positive Parenting” contributes significantly to teens being less tolerant of unhealthy and abusive relationship behaviors.</p> <p>Use this guide to talk to your teens about dating abuse prevention.</p>	<p>14</p> <p>Survivors' Day</p> <p>A special day of self-care for survivors of intimate partner violence and domestic violence at OneEighty from 1p-5p</p> 

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<p>15</p> <p>Read the Wayne and Holmes Counties Commissioners' 2023 Domestic Violence Awareness Month (DVAM) Proclamations</p> <p>www.one-eighty.org</p>	<p>16</p> <p>Update your profile pictures to include a purple ribbon.</p>  <p>Follow NCADV, ODVN and OneEighty on social media and to share resources, blog/vlogs, and messages of support and encouragement for domestic violence survivors.</p>	<p>17</p> <p>Why Victims Stay</p> <p>Economic dependence</p> <p>Fear of greater danger w/leaving</p> <p>Fear of losing custody</p> <p>Lack of alternative housing</p> <p>Lack of job skills</p> <p>Social isolation</p> <p>Fear of loneliness</p> <p>Guilt of failed marriage</p> <p>Belief that abuser will be charged</p>	<p>18</p> <p>Ohio Domestic Violence Fatalities Report: 7/1/2021 – 6/30/2022:</p> <p>112 fatalities in 72 cases total</p> <p>35% of cases involved children at the scene</p> <p>22 children were killed last year – the most ever; 6 of the victims were just babies</p> <p>25.6% of cases involved victims who previously reported a DV incident to the police</p> <p>2021-2022 ODVN FatalityReport.pdf</p>	<p>19</p> <p>Wear Purple for #PurpleThursday . Use wearing purple as a conversation starter and support for survivors. Share your commitment to ending domestic violence.</p> 	<p>20</p> <p>“Accept yourself, love yourself, and keep moving forward. If you want to fly, you have to give up what weighs you down.”</p> <p>-Roy T. Bennett</p>	<p>21</p> <p>Observe a minute of silence to honor victims and survivors.</p> 
<p>22</p>  <p>Visit https://nomore.org/take-action/ and take the pledge to help end domestic violence</p>	<p>23</p> <p>In Her Shoes an interactive walk-through workshop to increase awareness of the struggles domestic violence victims face, & to show that we all have a role in the movement to end domestic violence</p> <p>9a-11a, 1p-3p, & 6p-8p</p> <p>34-C South Clay St, Millersburg</p> <p>Reservations are required. Please call 330-674-1020</p>	<p>24</p> <p>“You are not the darkness you endured. You are the light that refused to surrender.”</p> <p>-John Mark Green</p>	<p>25</p> <p>DV in Ohio (NCADV)</p> <p>*38% of women and 33% of men experience intimate partner physical violence, intimate partner rape and/or intimate partner stalking in their lifetimes</p> <p>*In a 24hr survey period, hotlines answered 676 calls, averaging 28 calls/hr</p> <p>*When responding to DV calls, police are required to confiscate firearms if they have been used to threaten or</p>	<p>26</p> <p>DVAM Day of Giving</p> <p>Survivors, advocates, and programs urgently need support. Visit www.one-eighty.org or another agency that supports survivors and donate today.</p>  <p>Helping people change direction.</p>	<p>27</p>  <p>Learn about volunteering opportunities at OneEighty</p> <p>Contact Volunteer Coordinator - Dwight Sprang: sprangd@one-eighty.org</p>	<p>28</p> <p>Practice self-care today! Even simple activities for a short time are healing to your mind and body:</p> <p>Read a book</p> <p>Take a long bath</p> <p>Take a long walk</p> <p>Color/draw/do odle</p> <p>Listen to music</p> <p>Daydream</p> <p>Go to church</p> <p>Write in a journal</p> <p>Take a bike ride</p>
<p>29</p> <p>Discuss domestic violence within your faith-based community. If you would like to host a guest speaker, contact Response Coordinator & Victim Advocate - Gayle Byrne: byrneg@one-eighty.org</p>	<p>30</p> <p>What can you do now? Research candidates' positions on domestic violence reform and funding plans at all levels of government. Contact your local representatives.</p>	<p>31</p> <p>Relationships are not supposed to be scary. Spread love, not fear. #1Thing</p> 	<p>If you or someone you know is a victim of domestic violence and need assistance, please call our 24 – Hour Hotline: 1.800.686.1122</p>  <p>Helping people change direction.</p>			