Domestic Violence-Related Books and Resource Guides

This list was compiled by Gayle Byrne, OneEighty and Arlene Whitmer, WCPL.

Non-fiction available at the Wayne County Public Library:

It's My Life Now: Starting Over after an Abusive Relationship or Domestic Violence, Meg Kennedy Dugan (2000) 362.82924 DUGAN

Whose Face Is In the Mirror? The Story of One Woman's Journey from the Nightmare of Domestic Abuse to True Healing, Dianne Schwartz (2000) 362.82 SCHWARTZ

The Macho Paradox, Jackson Katz (2006) 362.88 KATZ

Trauma and Recovery: The Aftermath of Violence, From Domestic Abuse to Political Terror, Judith Lewis Herman (2015) 616.8521 HERMAN

Blink: The Power of Thinking without Thinking, Malcolm Gladwell (2005) 153.44 GLADWELL

Healing the Trauma of Domestic Violence: A Workbook for Women, Edward Kubany, Mari McCaig and Janet Laconsay (2004) 362.8292 KUBANY

Tipping Point: How Little Things Can Make a Big Difference, Malcolm Gladwell (2000) 302 GLADWELL

Should I Stay or Should I Go?: A Guide to Knowing if Your Relationship Can – and Should – Be Saved, Lundy Bancroft and Jac Patrissi (2011) 646.7808 BANCROFT

The Body Keeps the Score: Brain, Mind, and Body in the Healing of Trauma, Bessel van der Kolk, M.D. (2015) 616.8521 VAN DER KOLK

If I Can't Have You: Susan Powell, Her Mysterious Disappearance, and the Murder of Her Children, Gregg Olsen (2014) 364.1523 MORRIS (Book Mobile, Doylestown, Rittman)

Goodbye, Sweet Girl: a Story of Domestic Violence and Survival, Kelly Sundberg (2018) 362.8292 SUNDBERG (Book Mobile, Dalton, Doylestown, Rittman, West Salem)

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No Visible Bruises: What We Don't Know about Domestic Violence Can Kill Us, Rachel Louise Snyder(2019) 362.8292 SNYDER

Invincible: The 10 Lies You Learn Growing Up with Domestic Violence, and the Truths to Set You Free, Brian F. Martin(2015) 362.8292 MARTIN (Creston, Dalton, Rittman, Shreve, West Salem)

Surviving Domestic Violence: a Guide to Healing Your Soul and Building Your Future, Danielle F. Wozniak(2013) 362.8292 WOZNIAK

Women with Controlling Partners: Taking Back Your Life from a Manipulative or Abusive Partner, Carol A. Lambert(2016) 362.8292 LAMBERT

Preparing to Fly: Financial Freedom From Domestic Abuse, Sarah Hackley(2015) 362.8293 HACKLEY

Fiction available at the Wayne County Public Library:

Secrets of Eden, Chris Bohjalian (2010) FICTION BOJALIAN, CHRIS

White Oleander, Janet Fitch (2000) FICTION LP FITCH, JANET FICTION FITCH, JANET

Water for Elephants, Sara Gruen (2006) FICTION GRUEN, SARA

The Girl on the Train, Paula Hawkins (2014) FICTION LP HAWKINS, PAULA FICTION HAWKINS, PAULA

Backseat Saints, Joshilyn Jackson (2010) FICTION JACKSON, JOSHILYN

Big Little Lies, Liane Moriarty (2014) FICTION MORIARTY, LIANE

Black and Blue, Anna Quindlen (2010) FICTION QUINDLEN, ANNA

Safe Haven, Nicholas Sparks (2010) FICTION SPARKS, NICHOLAS

The Color Purple, Alice Walker (1982) FICTION WALKER, ALICE

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Additional Non-Fiction available through Clevnet:

A Woman Like You: The Face of Domestic Violence, Vera Anderson (1997)

Why Does He Do That? Inside the Minds of Angry and Controlling Men, Lundy Bancroft (2003)

The Batterer as Parent: Addressing the Impact of Domestic Violence on Family Dynamics, Lundy Bancroft (2002)

The Verbally Abusive Relationship: How to Recognize It and How to Respond, 3rd ed., Patricia Evans (2010)

When Men Batter Women, John Gottman and Neil Jacobson (2007)

Next Time She'll be Dead: Battering and How to Stop it, Ann Jones (2010)

Naming the Violence: Speaking Out about Lesbian Battering, Kerry Lobel (1986)

Domestic Violence: A Reference Handbook, 2nd ed., Margi Laird McCue (2007)

Coercive Control: How Men Entrap Women in Personal Life, Evan Stark (2009)

Surviving Domestic Violence: Voices of Women Who Broke Free, Elaine Weiss (2004)

Not to People Like Us: Hidden Abuse in Upscale Marriages, Susan Weitzman (2001)

Stop Signs: Recognizing, Avoiding, and Escaping Abusive Relationships, Lynn Fairweather (2012)

Saving Beauty From the Beast: How To Protect Your Daughter from an Unhealthy Relationship, Vicki Crompto, Ellen Zelda Kessner (2004)

But I Love Him, Protecting Your Teen Daughter from Controlling, Abusive Dating Relationships, Dr. Jill Murray (2001)

Shining Through: Pulling it Together After Sexual Abuse, Ed II, Mindy B. Loiselle and Leslie Bailey Wright (1997)

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Relaxation & Stress Reduction Workbook, Ed VII, Martha Davis, Elizabeth Eshelman and Matthew McKay (2019)

Courage to Heal Workbook: For Women and Men Survivors of Child Sexual Abuse, Laura Davis (1990)

Relaxation & Stress Reduction Workbook for Kids, Lawrence Shapiro and Robin Sprague (2009)

Allies in Healing: When the Person You Love was Sexually Abused as a Child, Laura Davis (1991)

When Dad Hurts Mom: Helping Your Children Heal the Wounds of Witnessing Abuse, Lundy Bancroft (2005)

Rising Strong: How the Ability to Reset Transforms the Way We Live, Love, Parent, and Lead, Brene Brown (2018)

I Thought It Was Just Me (but It Isn't): Making the Journey from "What Will People Think?" to "I Am Enough," Brene Brown (2007)

If I Am Missing or Dead: A Sister's Story of Love, Murder, and Liberation, Janine Latus (2007)

Religion and Domestic Violence in Early New England: The Memoirs of Abigail Abbot Bailey, Ann Taves (1989)

I, Tina, Tina Turner and Kurt Loder (1987)

Additional Fiction available through Clevnet:

Split, Swati Avasthi (2010)

What She Left Behind, Tracy Bilen (2012)

The Prince of Tides, Pat Conroy (2002)

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Into the Darkest Corner, Elizabeth Haynes (2011)

This Charming Man, Marian Keyes (2008)

Women in the Trees: U.S. Women's Short Stories about Battering and Resistance 1839-2000, Susan Koppelman (2004)

The Burning Bed, Faith McNulty (1980)

Picture Perfect, Jodi Picoult (2002)

Strange Fits of Passion: A Novel, Anita Shreve (2001)

Behind Closed Doors, Susan Sloan (2005)

Additional Non-Fiction:

Supporting Women after Domestic Violence, Hilary Abrahams (2007)

You Don't Have to be a Wimp to be Abused, Beverly A. Wallin (2014)

Writing to Heal: A Guided Journal for Recovering from Trauma and Emotional Upheaval, James Pennebaker (2004)

The Five-Minute Journal: A Happier You in 5 Minutes a Day, Intelligent Change, Inc. (2013)

Additional Fiction:

October Snow, Jenna Brooks (2012)

Don't Make Me Beautiful, Elle Casey (2013)

Fear of Falling, S. L. Jennings (2013)

False Security, Angie Martin (2013)

A Community of Butterflies: Chrysalis, Barbara Shoff (2014)